

MINI FACELIFT VS. LIFESTYLE LIFT

If you are beginning to show the first signs of aging and you want to have a less invasive procedure to correct sagging skin on the cheeks and jowls area there are several methods available that can be used by plastic surgeons to tighten facial skin.

The board certified plastic surgeons of Plastic Surgery Services of Fredericksburg prefer the mini-facelift over other alternatives such as the Quick lift or Lifestyle Lift[®] for a number of reasons:

- Longevity. Much like the traditional facelift, the mini-facelift addresses the deep layer of muscle tissues (SMAS) underneath the skin by repositioning and tightening it to maintain the lift after surgery, and give its longevity. The only way to provide long lasting results is to actually have a more complete repositioning of the tissues. We believe limited procedures offer shorter term benefits.
- No operative discomfort. Performing a procedure under local anesthetic requires multiple injections of the anesthetic. This is painful and potentially incomplete in obtaining numbness. We provide IV sedation through a small catheter in the arm that allows you to be completely asleep for the procedure and pain free.
- Short recovery time. Our mini-facelift procedure not only provides great longevity and no discomfort during the procedure, but also allows you to go back to work in 5-7 days.

When comparing mini-facelift options it is important that you consult with an experienced board certified plastic surgeon. Be confident in your choice. Don't compromise.

For mini face lift cost information, including discounts and promotions, visit our [fees and financing](#) page.

Call Plastic Surgery Services of Fredericksburg at (540) 371-7730 or [contact us](#) online to receive personalized information on our cosmetic surgery procedures.

We serve patients from Fredericksburg, Richmond, Fairfax, and beyond.