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Plastic Surgery Services of Fredericksburg Hosts Open House

Now offering medical spa services and wellness program

FREDERICKSBURG, VA., March 17, 2011. Plastic Surgery Services of Fredericksburg will launch their medical spa services and wellness program with an Open House between the hours of 10 am and 1 pm on March 19 at Plastic Surgery Services of Fredericksburg.

The elegant 5,222 square foot facility, located at 3312 Fall Hill Avenue, Fredericksburg, Virginia will provide patients with the most advanced skin care treatments, products, and results-oriented services available in Virginia.

The new wellness program and medical spa services at Plastic Surgery Services of Fredericksburg are designed to give patients lasting results.

Dana Burgess, Patient Coordinator for Plastic Surgery Services of Fredericksburg states, " We provide a range of services, that will impact the overall wellness of our patients. What could be better than improving your appearance and finding your bliss at the same time?"

Visitors to the medical spa will receive results-oriented treatments that are also revitalizing.

Men and women visit medical spas to improve the appearance of fine lines and wrinkles, persistent red complexion, sun spots, acne scars, large pores and other skin blemishes. Unfortunately, not everyone is properly educated on how to maintain their new results.

How you care for your skin, staying out of the sun, wearing sun block and staying on a good skin care regimen with physician quality products are a necessity to maintain the effects of the treatments.

"At Plastic Surgery Services of Fredericksburg our patients leave with a clear understanding of how to maintain a healthy complexion between skin care treatments," says Priya Patel, Master Esthetician. "Skin care has always been my passion. When I was 10 years old, I started experimenting with home-made masks. So later in life, I decided to do it professionally. Everyone is trying to preserve their youth and you can do so with proper skin care. It gives me great pleasure to enhance one's beauty."

"A medical spa is a hybrid between a medical clinic and a day spa that operates under the supervision of medical doctor. Medical spas tend to have a more clinical atmosphere than day spas, but offer relaxing services such as body treatments. Our esthetician will begin with a full evaluation of your skin's health and medical history." says Howard Heppe, MD for Plastic Surgery Services.

Harold Bautista, MD for Plastic Surgery Services states "our Medical Spa offers a full range of cosmetic treatments to improve the look and feel of your skin. Our skin care treatments are ideal for facial rejuvenation as well as improving skin appearance on areas of the body such as the legs, thighs, and arms. We offer specific sets of skin care services for women, men and teens, combining many of

our most popular treatments to address the most common skin concerns.”

In addition to medical spa services, Plastic Surgery Services of Fredericksburg is also offering nutritional makeovers, including energy shakes, Vitamin B-12 injections, and a customized exercise regimen to help patients look and feel their best.

Todd Ginestra, MD for Plastic Surgery Services comments “our wellness program focuses on healthy, balanced lifestyles. We want our patients to change their behavior in order to achieve better health and reduce the associated health risks.”

Plastic Surgery Services of Fredericksburg wellness Coach Carol Ann Keenan further stresses the importance of nutrition and exercise and believes that energy boosts not only your mood but also your mind.

About Plastic Surgery Services of Fredericksburg

Since 1983, Plastic Surgery Services of Fredericksburg has been the premier provider of cosmetic plastic surgery in the Fredericksburg, Virginia, area, south of Washington, D.C.

Plastic Surgery Services offers the most advanced non-surgical facial rejuvenation techniques to combat the effects of time, environment and stress. The medical spa utilizes the latest in antioxidant and anti-aging treatments designed to revive your youthful appearance.

Drs. Howard Heppe, Harold Bautista and Todd Ginestra are board certified and dedicated to achieving superior, natural-looking results through their team approach to patient care. They employ state-of-the-art equipment and proven techniques in their accredited medical facility. For more information, please call (540) 371-7730 or visit www.plasticsurgeryservices.com.

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