

Surgery Services of Fredericksburg, said Botox is a non-invasive method that avoids surgery.

"It has certain benefits that it can provide that don't enhance one's appearance too much," Albert said last week in his Fredericksburg office. "It gets away from some of the effects of aging and it's safe."

Albert said the corrugator's muscle — the small, narrow area between the eyebrows — causes people to scowl or look angry by drawing the eyebrow downward.

"That's an unhappy look," he said. "And as time goes on you develop a groove in that area."

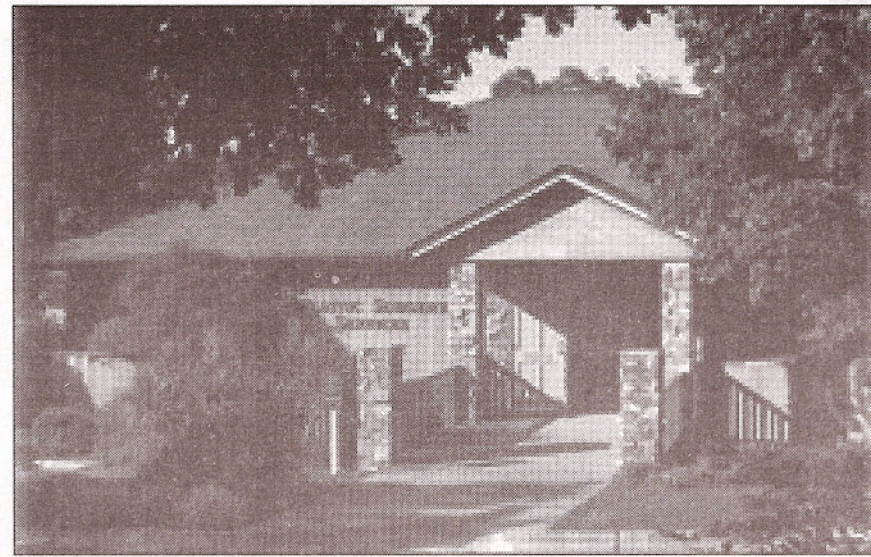
Albert recommends Botox to help get rid of frowning and crow's feet around the eyes.

He said some patients may experience side effects like headaches, nausea or brief muscle weakness.

His partner, Dr. Harold Bautista, said while any physician can administer Botox, plastic surgeons may have the best advantage.

"We have to know all of the facial muscles and when we are looking at a patient who wants Botox we sort of have X-ray vision," said Bautista, who says his practice has more than five years experience injecting Botox. "While other physicians sort of have to think about it — it's sort of like second nature to us."

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CONTRIBUTED PHOTO

About the practice

Who: Drs. Howard Hepe, L. Thomas Albert and Harold Bautista

What: Plastic Surgery Services of Fredericksburg

Location: 3312 Fall Hill Ave., Fredericksburg

Hours: Monday through Friday, 8:30 a.m. to 5 p.m.

Contact: plasticsurgeryservices.com or (800) 793-7730

Services:

- » Breast augmentation
- » Breast reduction or breast lift
- » Botox injections
- » Brow lift
- » Chemical peel
- » Ear surgery

- » Nose surgery
- » Eyelid surgery
- » Facelift
- » Liposuction
- » Tummy tuck
- » Skin refinishing
- » Contour threadlift

Dr. L. Thomas Albert, of Plastic Surgery Services of Fredericksburg (above), says Botox is a non-invasive method of altering one's appearance without the need for surgery. "It gets away from some of the effects of aging," he said, "and it's safe."



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